The Naz Church Message Notes

Same Power: Fruit of the Spirit

April 28, 2024

Pastor Dale Benson

Last week Pastor David spoke powerfully on how we need to nail the Acts of the Flesh to the Cross if we want a chance at living a life filled with the Fruit of the Spirit. The Acts of the Flesh need to be crucified, but that is only part of the solution.

Growing up, I heard plenty about what I was NOT supposed to do as a Christian and not enough about what my life should look like. Even the things I was supposed to do seemed like work... Or a task list of to-dos or Christian chores.

The Fruit of the Spirit.

Love
Joy
Peace
Patience
Kindness
Gentleness
Self-control

These are not multiple choice. . . But they also are not necessarily grown overnight, or in an instant.

- What do I do to live in the fruit of the Spirit?

- Investigate my relationships.

- Invite the holy spirit to lead.

Initiate proper boundaries.

They are grown by "abiding in the Holy Spirit."

John 15:4 (NLT)

- Jesus speaks this of himself, but I want to remind everyone, in case you weren't here a few weeks ago, or for those who weren't there, let you know.
- The Holy Spirit did not come to take the place of Christ's absence. He came to ensure his presence. H. Ray Dunning

The way we abide in Christ is by spending time with the Holy Spirit.

- Spending Time Reading the Bible
 - \circ Listening to the Holy Spirit or giving the Holy Spirit content to bring back to your memory later. Spending Time in Prayer
 - Speaking to a friend who understands your language, but you can't always necessarily understand theirs.
- · Serving Others
 - o Whenever you have done it for the least of these, you have done it for me.
- Practicing Generosity
 - o When we are generous, we are living the heart of God.
- Building Relationships with Others Who Reflect the Fruit of the Spirit
 - You become like your 5 closest friends.

Does the Holy Spirit make your Top 5?

- The Fruit of the Spirit needs to be cultivated.